

# THE SICKNESS OF ONE, THE SUFFERING OF TWO:

INTERVENING WITH COUPLES WHEN  
ONE MEMBER HAS A PHYSICAL  
ILLNESS



*Renée Bernard, Untitled, 2004, Les impatients collection*

**Consultation-Liaison Psychiatry Academic Day 2014**  
Department of Psychiatry, CHUM

**Friday, October 3, 2014**  
8:45 am – 4:15 pm

**Centre de Recherche, CHUM**, R Pavillon (5<sup>th</sup> floor)  
900 Saint-Denis Street  
Montréal, Québec  
H2W 1T7

KEYNOTE SPEAKER :  
**D<sup>r</sup> Sue Johnson**

## PROGRAM

8:45 am	Welcome and Introduction
9:00 am	Emotionally Focused Therapy (EFT)
10:00 am	Questions and comments
10:20 am	Break
10:35 am	Teaching video, questions and comments
11:20 am	The physically ill patient: response to D <sup>r</sup> Johnson
11:45 am	Discussion
12:00 pm	Lunch
1:00 pm	Workshops (available in English and French)
2:30 pm	Break
2:45 pm	Panel discussion
3:45 pm	Conclusion, completion of evaluations

## REGISTRATION

**Register online at: [www.chumpsychiatrie.ca/formation/colloques](http://www.chumpsychiatrie.ca/formation/colloques)**

For more information, please contact:  
Claire Provost, 514-890-8000 ext. 25303  
[claire.provost.chum@ssss.gouv.qc.ca](mailto:claire.provost.chum@ssss.gouv.qc.ca)

### Fees (includes breaks and lunch)

	Bef. sept. 15 /	Aft. sept. 15
Physicians	\$175	\$200
SQCM members	\$150	\$175
Health Professionals	\$125	\$150
Students and residents	\$75	\$90

*(proof of status is required)*

Credit for six hours of psychotherapy training will be provided

### Planning committee

Nicolas Bergeron, MD FRCPC  
Mona Gupta, MD CM, FRCPC, PhD  
Yves Quenneville, MD, FRCPC



**KEYNOTE SPEAKER :**  
D<sup>r</sup> Sue Johnson

D<sup>r</sup> Sue Johnson is a clinical psychologist, researcher, professor, and one of the leading innovators in the field of couple therapy. She is the primary developer of Emotionally Focused Couples Therapy (EFT) which has demonstrated its effectiveness in over 25 years of peer-reviewed clinical research.

D<sup>r</sup> Johnson is the author of several professional books including, *The Practice of Emotionally Focused Couple Therapy: Creating Connection* (2004) and *Emotionally Focused Couple Therapy with Trauma Survivors* (2002) as well as the best-selling self-help book: *Hold Me Tight, Seven Conversations for a Lifetime of Love*. Her most recent book, *Love Sense, The Revolutionary New Science of Romantic Relationships* outlines the new logical understanding of why and how we love.

Sue Johnson is founding Director of the International Centre for Excellence in Emotionally Focused Therapy. She is Distinguished Research Professor at Alliant University in San Diego, California, as well as Professor of Clinical Psychology at the University of Ottawa, Canada. She trains therapists in EFT worldwide.

## LEARNING OBJECTIVES

By the end of the workshop, participants will be able to:

1. Outline the attachment model of adult bonding and its implications for health
2. Describe the Emotionally Focused Model - Stages and Interventions
3. Grasp how more secure bonding promotes resilience growth and healing